



BOYS Practice Schedule



Team	Coach	Team Sessions	Technical Training/After School	SAQ / Futsal / Indoor	League / Tournaments
2011 Red	Jimmy Merritt	Tuesday 5:30 - 7:00 pm Field 9A Wednesday 5:30 - 7:00 pm Field 9A	Monday 4:00 - 5:30 pm Field 16 (Jimmy Merritt)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2010 Red	Paul Tomaro	Monday 5:30 - 7:00 pm Field 8C Wednesday 5:30 - 7:00 pm Field 8C	Tuesday 4:00 - 5:30 pm Field 16 (Adam Dement)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2010 White	Eddie Rodriguez	Monday 7:00 - 8:30 pm Field 8D Wednesday 7:00 - 8:30 pm Field 8D	Tuesday 4:00 - 5:30 pm Field 16 (Adam Dement)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2009 Red	Roger Dailey	Tuesday 5:30 - 7:00 pm Field 8D Thursday 5:30 - 7:00 pm Field 8D	Wednesday 5:30 - 7:00 pm Field 16B (Matt Hollyoak)		ENPL Dev League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase, OCYS.
2009 White	Adam Dement	Wednesday 7:00 - 8:30 pm Field 8C Thursday 5:30 - 7:00 pm Field 8C	Tuesday 4:00 - 5:30 pm Field 16 (Adam Dement)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2009 Blue	John Shakelton	Monday 7:00 - 8:30 pm Field 8A Wednesday 7:00 - 8:30 pm Field 8A	Tuesday 4:00 - 5:30 pm Field 16 (Adam Dement)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2008 Red	Brett Rountree	Monday 5:30 - 7:00 pm Field 14CD Wednesday 5:30 - 7:00 pm Field 14CD	Thursday 5:30 - 7:00 pm Field 16A (Jeff Fravala and Eddie Rodriguez)	Tuesday 5:45 - 7:00 pm FIE	FPL Dev League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase, ASG Warner.
2008 White	Adam Dement	Tuesday 7:00 - 8:30 pm Field 8A Thursday 7:00 - 8:30 pm Field 8C	Wednesday 4:00 - 5:30 pm (Jimmy Merritt and Nick Fogarty)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2008 Blue	Burt Rogers	Monday 5:30 - 7:00 pm Field 14AB Thursday 5:30 - 7:00 pm Field 14AB	Wednesday 4:00 - 5:30 pm (Jimmy Merritt and Nick Fogarty)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2008 Gold	Dave Meadors	Monday 5:30 - 7:00 pm Field 17D Wednesday 5:30 - 7:00 pm Field 17D	Wednesday 4:00 - 5:30 pm (Jimmy Merritt and Nick Fogarty)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2007 Red	Manny Cruz	Tuesday 7:00 - 8:30 pm Field 15A Thursday 7:00 - 8:30 pm Field 11	Monday 7:00 - 8:30 pm Field 16A (Jimmy Merritt)	Wednesday 5:30 - 7:00 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase.
2007 White	Rob Anderson	Monday 7:00 - 8:30 pm Field 15A Wednesday 7:00 - 8:30 pm Field 14AB	Thursday 5:30 - 7:00 pm Field 16A (Jeff Fravala and Eddie Rodriguez)		ENPL Dev League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase, OCYS.
2007 Blue	Jeff Fravala	Monday 7:00 - 8:30 pm Field 17D Wednesday 7:00 - 8:30 pm Field 17D	Thursday 5:30 - 7:00 pm Field 16A (Jeff Fravala and Eddie Rodriguez)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase, ASG Warner.
2006 Red	Jimmy Merritt	Tuesday 7:00 - 8:30 pm Field 16A Thursday 5:30 - 7:00 pm Field 16A	Monday 7:00 - 8:30 pm Field 16A (Jimmy Merritt)	Wednesday 5:30 - 7:00 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase, NCFC.
2006 White	Doug Black	Monday 7:00 - 8:30 pm Field 17A Wednesday 7:00 - 8:30 pm Field 17A	Thursday 5:30 - 7:00 pm Field 16A (Jeff Fravala and Eddie Rodriguez)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2006 Blue	Eddie Rodriguez	Tuesday 7:00 - 8:30 pm Field 17D Thursday 7:00 - 8:30 pm Field 17D	Wednesday 5:30 - 7:00 pm Field 17A (Chris Marcelo and Jason Dennis)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2005 Red	Matt Hollyoak	Tuesday 5:30 - 7:00 pm Field 16B Thursday 5:30 - 7:00 pm Field 16B	Monday 7:00 - 8:30 pm Field 16B (Matt Hollyoak)	Wednesday 7:00 - 8:30 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase, NCFC, Jefferson Cup.
2005 White	Doug Black	Tuesday 7:00 - 8:30 pm Field 16C Thursday 7:00 - 8:30 pm Field 16C	Wednesday 5:30 - 7:00 pm Field 17A (Chris Marcelo and Jason Dennis)		RED League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2005 Blue	Chris Marcelo	Tuesday 7:00 - 8:30 pm Field 17B Thursday 7:00 - 8:30 pm Field 17B	Wednesday 5:30 - 7:00 pm Field 17A (Chris Marcelo and Jason Dennis)		NFYSL League, FL Elite Invitational, United Soccer Alliance Showcase, ASG Warner, OCYS.
2004 Red	Matt Hollyoak	Monday 5:30 - 7:00 pm Field 16B Wednesday 7:00 - 8:30 pm Field 16B	Tuesday 7:00 - 8:30 pm Field 16D (Roger Dailey)	Thursday 7:00 - 8:30 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase, NCFC, Weston Cup.
2004 White	Josh Bookstore	Monday 5:30 - 7:00 pm Field 17B Wednesday 5:30 - 7:00 pm Field 16D	Tuesday 5:30 - 7:00 pm Field 17A (NEED COACH)		RED League, FL Elite Invitational, OCYS, United Soccer Alliance Showcase, ASG Warner.
2004 Blue	Greg George	Monday 5:30 - 7:00 pm Field 16D Thursday 7:00 - 8:30 pm Field 16D	Tuesday 5:30 - 7:00 pm Field 17A (NEED COACH)		NFYSL League, FL Elite Invitational, JAYFC Battle at the Beach, United Soccer Alliance Showcase.
2003 Red	Jimmy Merritt	Monday 5:30 - 7:00 pm Field 16A Wednesday 7:00 - 8:30 pm Field 16A	Thursday 7:00 - 8:30 pm Field 16A (Jimmy Merritt)	Tuesday 7:00 - 8:30 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase, NCFC, Jefferson Cup.
2003 White	Brad Wintch	Tuesday 5:30 - 7:00 pm Field 17D Thursday 5:30 - 7:00 pm Field 17D	Wednesday 5:30 - 7:00 pm Field 17A (Brad Wintch)		FPL League, FL Elite Invitational, United Soccer Alliance Showcase, ASG Warner, OCYS.
2003 Blue	Chris Marcelo	Tuesday 5:30 - 7:00 pm Field 17B Thursday 5:30 - 7:00 pm Field 17B	Wednesday 5:30 - 7:00 pm Field 17A (Brad Wintch)		NFYSL League, FL Elite Invitational, United Soccer Alliance Showcase, ASG Warner, OCYS.
2001 Red I	Matt Hollyoak	Tuesday 7:00 - 8:30 pm Field 16B Thursday 7:00 - 8:30 pm Field 16B	Wednesday 7:00 - 8:30 pm GYM	Monday 7:00 - 8:30 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Showcase, NCFC.
2001 Red II	Jason Dennis	Monday 7:15 - 8:45 pm Field 12CD Thursday 7:15 - 8:45 pm Field 12CD	Wednesday 7:00 - 8:30 pm GYM	Tuesday 7:00 - 8:30 pm FIE	ENPL League, FL Elite Invitational, United Soccer Alliance Showcase, Disney Qualifier and Showcase, NCFC.



GIRLS Practice Schedule



Team	Coach	Team Sessions	Technical Training	SAQ / Futsal	League / Tournaments
2009 Red	Nick Fogarty	Monday 5:30 - 7:00 pm Field 8A Thursday 5:30 - 7:00 pm Field 8A	Tuesday 5:30 - 7:00 pm Field 8B (Nick Fogarty)		Florida Elite Invitational, United Soccer Alliance Showcase
2009 White	Kylie Wilson	Monday 5:30 - 7:00 pm Field 8B Wednesday 5:30 - 7:00 pm Field 8B	Tuesday 5:30 - 7:00 pm Field 8B (Nick Fogarty)		Florida Elite Invitational, United Soccer Alliance Showcase
2008 Red	Al Cruz	Tuesday 7:00 - 8:30 pm Field 17C Thursday 7:00 - 8:30 pm Field 17C	Wednesday 4:00 - 5:30 pm (Jimmy Merritt and Nick Fogarty)		Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2007 Red	Brett Rountree	Monday 7:00 - 8:30 pm Field 14CD Wednesday 7:00 - 8:30 pm Field 14CD	Thursday 5:30 - 7:00 pm Field 17A (Rick Prestridge)	Tuesday 5:45 - 7:00 pm FIE	Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2007 White	Gary Valero	Tuesday 7:00 - 8:30 pm Field 17A Thursday 7:00 - 8:30 pm Field 17A	Wednesday 5:30 - 7:00 pm Field 17B (Gary Valero)		Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2006 Red	Rick Prestridge	Monday 7:00 - 8:30 pm Field 16C Wednesday 7:00 - 8:30 pm Field 16C	Thursday 5:30 - 7:00 pm Field 17A (Rick Prestridge)		Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2005 Red	Kylie Willson	Monday 7:00 - 8:30 pm Field 14AB Thursday 7:00 - 8:30 pm Field 14AB	Tuesday 7:00 - 8:30 pm Field 14AB (Burt Rogers)		Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2004 Red	Jason Dennis	Monday 5:30 - 7:00 pm Field 17A Thursday 5:30 - 7:00 pm Field 17A	Wednesday 7:00 - 8:30 pm Field 17B (Jason Dennis and/or Touan Plante)		Florida Elite Invitational, Orlando City Cup, ASG Presidents Day Invitational, United Soccer Alliance Showcase
2002 Red	Touan Plante	Monday 7:00 - 8:30 pm Field 17B Thursday 7:00 - 8:30 pm Field 14C	Wednesday 7:00 - 8:30 pm Field 17B (Jason Dennis and/or Touan Plante)		FESA Invitational, Disney Qualifier, Orlando City Cup, Disney Showcase, ASG Presidents Day Invitational, USA Showcase
2001 Red	Jeff Reedy	Monday 7:00 - 8:30 pm Field 17C Wednesday 7:00 - 8:30 pm Field 17C	Tuesday 7:00 - 8:30 pm Field 14CD (Joe Lemieux)	Thursday 5:30 - 7:00 pm FIE	FESA Invitational, Disney Qualifier, Orlando City Cup, Disney Showcase, ASG Presidents Day Invitational, USA Showcase



U10 Academy Practice Schedule



Team	Coach	Group Session	Team Session	Technical Training (Coaches)	League
U10 Spirit	Troy Henderson	Monday 7-8:30pm(Field 10&11) Adam, Troy, Joe, Janitta	Tuesday 7-8:30pm(Field 9A)	Wednesday 5:30-7pm(Field 10) Adam, Troy, Jose, Jon,	In-House
U10 Red Bulls	Jose Zermeno	Tuesday 7-8:30pm(Field 10&11) Adam, Kylie, Jose, Jon, Tara	Thursday 7-8:30pm(Field 10A)	Wednesday 5:30-7pm(Field 10) Adam, Troy, Jose, Jon,	In-House
U10 Rapids	Jon Mihalik	Tuesday 7-8:30pm(Field 10&11) Kylie, Jose, Jon, Tara, Hisham	Thursday 5:30-7pm(Field 10A)	Wednesday 5:30-7pm(Field 10) Adam, Troy, Jose, Jon,	In-House
U10 Galaxy	Sean McKenna	Tuesday 6-7:30pm(Ringhaver Field 2)	Thursday 6-7:30pm(Ringhaver Field 2)	Wednesday 6-7:30pm(Ringhaver Field 2) Steve, Sean	In-House



Girls Academy Practice Schedule



Team	Coach	Group Session	Team Session	Technical Training (Coaches)	League
2010 Sol Red	Lemieux	Monday 7:00-8:30pm Field 10/11	Thursday 7:00-8:30pm Field 8D	Wednesday 7:00-8:30pm Field 11AB	Red League
2010/2011 Composite	Levius	Monday 7:00-8:30pm Field 10/11	Thursday 7:00-8:30pm Field 8B	Wednesday 7:00-8:30pm Field 11AB	Red League
2011 Sol Red	Kenney	Tuesday 7:00-8:30pm Field 10/11	Thursday 5:30-7:00pm Field 9A	Wednesday 7:00-8:30pm Field 11AB	Red League



U8 Academy Practice Schedule



Team	Coach	Group Session	Team Session	Technical Training (Coaches)	League
U8 Whitecaps	Janitta Levius	Monday 5:30-6:45pm(Field 10&11) Adam, Janitta, Carlos,	Thursday 5:30-6:45pm(Field 10B)	Wednesday 5:30-6:45pm(Field 11) Janitta, Ty, Carlos, Caleb	In-House
U8 Thorns	Carlos Vila/Caleb Vila	Monday 5:30-6:45pm(Field 10&11) Adam, Janitta, Carlos,	Tuesday 5:30-6:45pm(Field 9B)	Wednesday 5:30-6:45pm(Field 11) Janitta, Ty, Carlos, Caleb	In-House
U8 Red Stars	Ty Hesser	Monday 5:30-6:45pm(Field 10&11) Adam, Janitta, Carlos,	Thursday 5:30-6:45pm(Field 9B)	Wednesday 5:30-6:45pm(Field 11) Janitta, Ty, Carlos, Caleb	In-House
U8 Sounders	Greg George	Tuesday 5:30-6:45pm(Field 10&11) Adam, Greg, Manny,	Wednesday 5:30-6:45pm(Field 9B)	Thursday 5:30-6:45pm(Field 11B) Greg, Hisham	In-House
U8 Impact	Manny Cruz	Tuesday 5:30-6:45pm(Field 10&11) Adam, Greg, Manny,	Thursday 5:30-6:45pm(Field 11A)	Wednesday 5:30-6:45pm(Field 11) Janitta, Ty, Carlos, Caleb	In-House
U8 Union	Hisham/BJ Fletcher	Tuesday 5:30-6:45pm(Field 10&11) Adam, Greg, Manny,	Monday 5:30-6:45pm(Field 9B)	Thursday 5:30-6:45pm(Field 11B) Greg, Hisham	In-House
U8 Crew	Steve Breslin	Tuesday 6-7:15pm(Ringhaver Field 1)	Thursday 6-7:15pm(Ringhaver Field 1)	Wednesday 6-7:15pm(Ringhaver Field 1) Steve, Sean	In-House



Goalkeeping Practice Schedule



Age Group	Day/ Time	Coach
2001-2003 Boys Premier Red	Monday (4:45-5:45pm) Field 16A	Bayles
	Thursday (4:45-5:45pm) Field 16A	
2001-2003 Boys Premier White/ Blue 2001-2003 Girls Premier Red	Tuesday (4:45-5:45pm) Field 16A	Bayles
	Wednesday (4:45-5:45pm) Field 16A	
2004-2006 Boys Premier Red	Monday (4:30-5:30pm) Field 15B	Wilson
	Wednesday (4:30-5:30pm) Field 15B	
2004-2006 Boys Premier White/ Blue 2004-2006 Girls Premier Red	Wednesday (5:45-6:45pm) Field 16A	Bayles French
	Thursday (5:00-6:00pm) Big	
2007 Boys/ Girls Premier All	Tuesday (5:00-6:00pm) Big	Wilson
	Thursday (6:00-7:00pm) 14CD	
2008 Boys/ Girls Premier All	Monday (5:00-6:00pm) Small	French
	Tuesday (6:00-7:00pm) Small	
2009 Boys/ Girls Premier All	Monday (6:00-7:00pm) Small	French Wilson
	Thursday (5:00-6:00pm) Small	
Academy	Wednesday (7:00-8:00pm) Small	Hesser
Recreation	Wednesday (5:00-6:00pm) Small ** Biweekly**	Skinner
Developmental Academy 2001-2004	Tuesday (6:00-7:00pm) 14CD	Wilson French
	Wednesday (6:00-7:00pm) 16C	
Developmental Academy 2005-2006	Tuesday (5:00-6:00pm) 14CD	Wilson French
	Wednesday (5:00-6:00pm) 16C	

**** Big / Small are between field 14 and 11**